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Booklets help adults teach kids to eat smart

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A series of four free brochures on healthful eating provides tips on feeding preschoolers well.

The brochures were developed by the American Academy of Pediatrics and the National Center for Nutrition and Dietetics, in conjunction with the Food Marketing Institute (a supermarket trade group) for use in grocery store nutrition programs. No Chicago area supermarkets have enrolled in the program yet, but single copies of the brochures - titled Good Nutrition; Healthy Foods; Food Hassles; and Cholesterol - are available.

Send a self-addressed, stamped envelope to: American Academy of Pediatrics, Dept. C - (insert appropriate brochure title), Box 927, Elk Grove Village, Ill. 60009.

GRILL APPEAL: **Jill Prescott** of Ecole de Cuisine, a cooking school in Mequon, Wis., has planned an enticing grilling class incorporating French and Italian seasonings for meat, seafood and vegetables.

She'll prepare butterflied herbed leg of lamb, marinated chicken and sausage brochettes, grilled salmon with herb sauce, French-style spareribs, grilled eggplant with cilantro butter and more, demonstrating techniques on both a charcoal kettle and a gas grill.

Two sessions will be conducted on June 13 - one at 10 a.m. and the other at 6:30 p.m.

The fee is \$20.

For reservations, send a check to: Ecole de Cuisine, 1515 W. Mequon Rd., Mequon, Wis. 53092.

For information, call (414) 241-8066.

TAKING STOCK: Scoozi! chef Joe Decker's sauteed chicken with vermouth and herbs is one of a dozen recipes - including baby Coho salmon, grilled Cornish hens and scallop quiche - from well-known chefs in a free pamphlet available from Stock Dry Vermouth.

For a copy, write to: DiSusa Imports, Box 189, Flushing, N.Y. 11377-0189.

If you have news of new products, classes or other food events open to the public, send the information at least two weeks in advance to: Bits and Pieces, Chicago Sun-Times Food Department, 401 N. Wabash, Chicago 60611.

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